

# Combination Flow

The Formula for a Comfortable Life

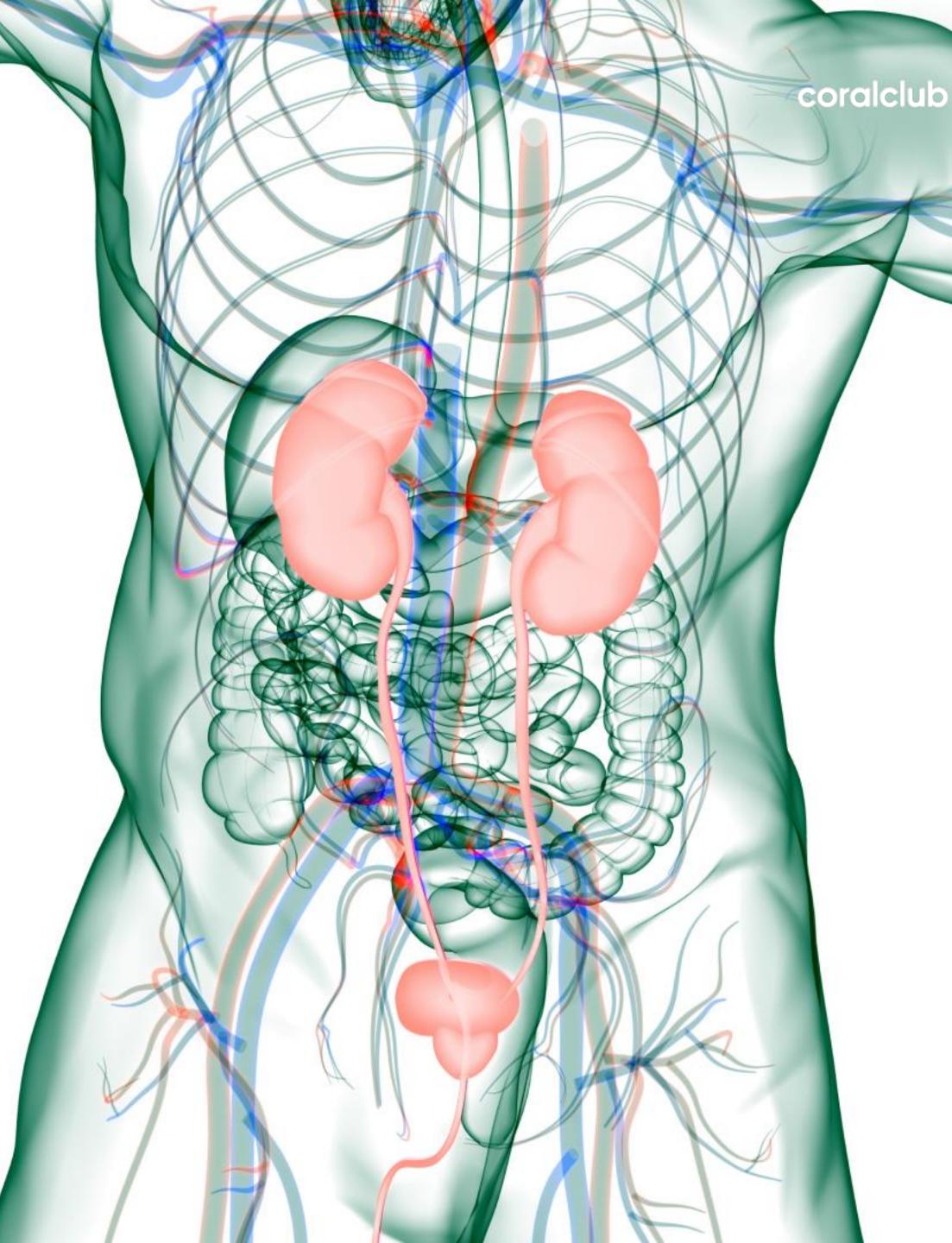
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## Urinary System

Our internal filter helps eliminate excess and maintain the body's balance of water and minerals.







## The Kidneys are a Key Organ of the Urinary System

Filters

## 120-150 liters

of blood daily. This means the kidneys process the entire blood volume in the body about 20-25 times to produce 1-2 liters of urine.

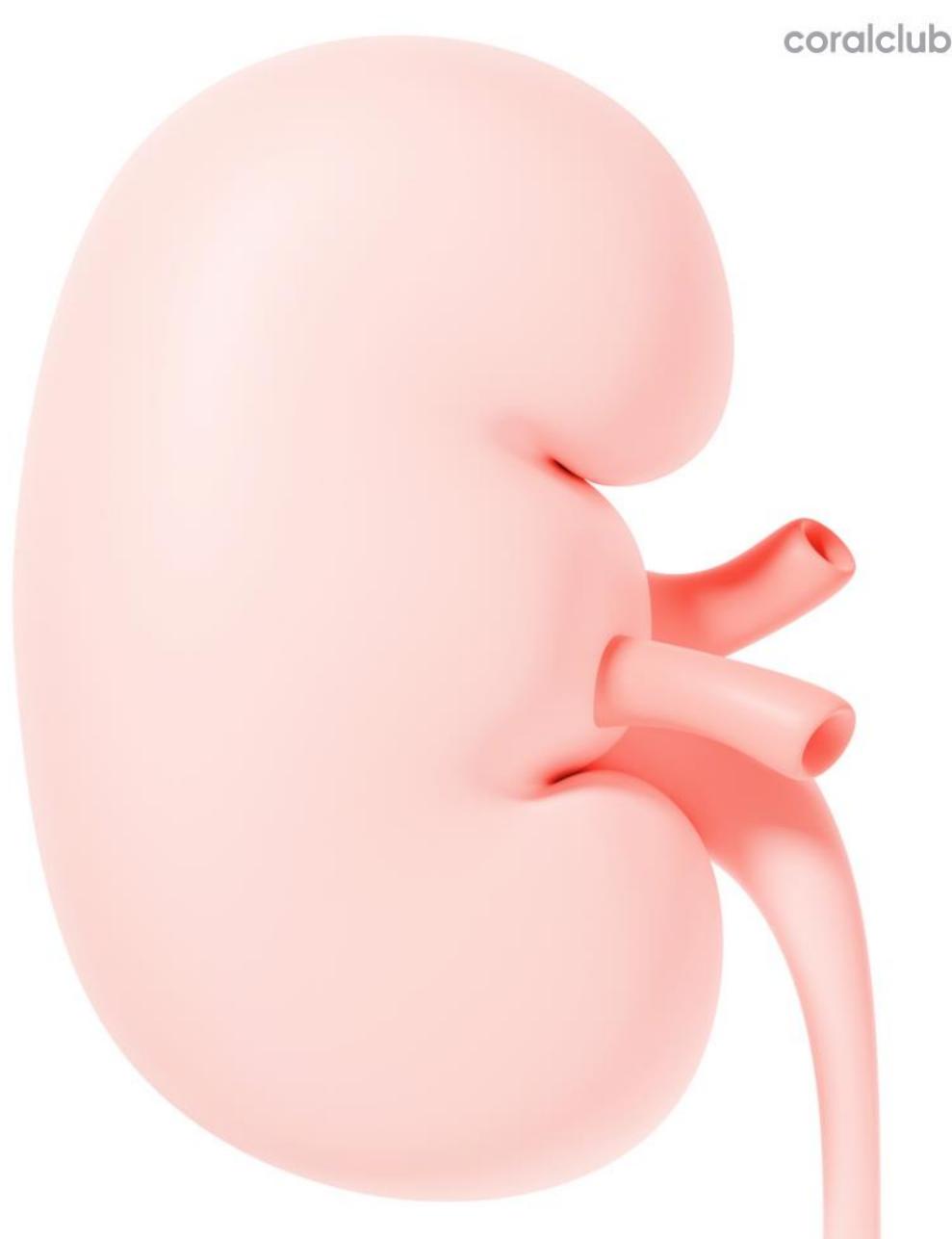
Consists of:

## million

nephrons each. These are the basic structural and functional units of the kidneys.

#### They perform vital functions, including:

- •Blood purification from toxins and metabolic waste;
- •Maintaining water balance and the concentration of sodium, potassium, and calcium;
- •Producing hormones for regulating blood pressure.





## Maintaining Urinary and Kidney Health

The Urinary System plays a vital role in removing waste and maintaining the balance of fluids and minerals in the body.

Challenges to urinary and kidney health can impact overall well-being and daily life. The body may signal changes in urinary health through:



Fluid retention and swelling

Discomfort during urination

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General fatigue or malaise



## $\sim 150$ million people

experience symptoms of urinary tract infections annually [1].

## $\sim 40\%$ of women

encounter urinary tract infections at least once in their lifetime [1].

These statistics highlight the prevalence of UTIs nationwide, emphasizing the importance of urinary tract health.



## Tips for Supporting Urinary Health and **Reducing the Risk of Urinary Infections**



Thoroughly maintain hygiene



Do not hold urine; use the toilet at the first urge to do so



Drink your daily water need



Choose underwear made from quality materials and of the appropriate size for your body



Avoid getting cold: dress according to the weather and do not sit on cold surfaces





## To support urinary health and provide additional care during times when your body needs it the most,

giving your body the right support can help maintain the healthy function of your urinary system.\*

During periods of stress, phytocomplexes and vitamins can promote overall well-being and support the healthy function of the entire urinary system.\*

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# **Combination Flow** is a comprehensive product to support kidney health\*

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#### Combination Flow

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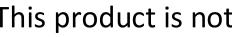
## The Key Component of Combination Flow is the patented Cranberry Extract Oximacro<sup>®</sup>

This large-fruited cranberry (Vaccinium macrocarpon), native to North America, produces vibrant red berries rich in bioactive compounds. For example, proanthocyanidins (PACs) are known to support urinary tract health and help protect the body from oxidative stress.\*

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## Cranberry Extract Oximacro® Is Rich in Unique Type A Flavonoids Known as Proanthocyanidins (PACs)

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- Supports the body's natural inflammatory response, promoting overall urinary tract health\*
- Helps promote urinary tract health by maintaining a healthy internal environment and promoting healthy circulation by the kidneys.\*
- Supports the health of blood vessels and promotes healthy circulation in the kidneys.\*
- Functions as an antioxidant and provides support to help protect cells, including those in the kidneys, from oxidative stress and the effect of free radicals on kidney cells.\*



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## Research highlights the potential benefits of Oximacro<sup>®</sup> in supporting urinary tract health.

\*Based on the results of a double-blind, placebo-controlled preclinical study. Oximacro<sup>®</sup> improved urinary health markers in individuals with a history of recurrent UTIs<sup>[2]</sup>

\*The study evaluated a dose of 112 mg of Oximacro<sup>®</sup> containing 36 mg PACs-A, taken twice daily for 7 days<sup>[2]</sup>

#### 

PACs (proanthocyanidins) are natural compounds found in cranberries and other fruits. A-type PACs (PAC-A) have been extensively studied for their role in supporting urinary health, such as by reducing bacterial adhesion to the urinary tract lining.

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## Synergy of Plant Extracts and Vitamin B6 for Kidney Health Support

Ginger

Ginger contains bioactive compounds with antimicrobial effects that support urinary tract health [7].\*

#### Juniper and Horsetail

Juniper and Horsetail provide antioxidants that Nettle and Parsley Extracts support natural help protect cells and support urinary tract elimination processes, aiding fluid balance health by promoting the body's natural and maintaining urinary health by defenses [5,6].\* discouraging bacterial adhesion [3,4].

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#### Vitamin B6

Vitamin B6 supports water-salt balance, aids natural fluid regulation, and helps maintain kidney health by reducing oxalate levels, which may help minimize the risk of kidney stones in the urinary tract [8].

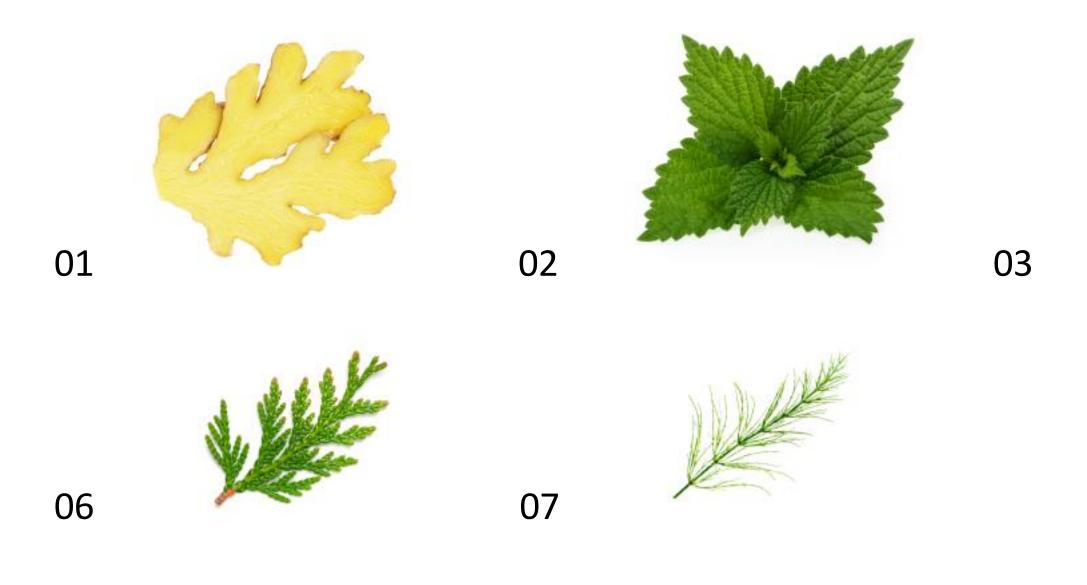
#### **Nettle and Parsley Extracts**





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#### Additional Benefits of the Components



01. Ginger — Contains gingerol with notable antioxidant properties, supporting overall health and helping protect cells from oxidative stress.\*

03. Vitamin B6 — Plays a role in maintaining the nervous system and cognitive functions.\*

02. **Nettle** — Contains bioactive compounds and nutrients that support the body's natural inflammatory response and immune system function.\*

04. **Parsley** — A natural ingredient traditionally used to support kidney health, promoting healthy fluid balance and aiding the body's natural detoxification pathways.\*



05. Cranberry — Contains proanthocyanidins (PACs) with antioxidant properties, supporting urinary tract health, vascular health, and kidney function by supporting natural defenses and healthy blood and urine flow\*

06. Juniper – Contains natural phytonutrients and antioxidants that support the body's defenses and promote overall health.\*

07. Horsetail — A natural source of silica that supports collagen synthesis, healthy skin, bones, and urinary function as part of the body's natural detoxification process.\*

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## Contents of 1 Capsule

#### Oximacro® Cranberry Extract

240 mg

Parsley Leaf Extract

125 mg

Nettle Leaf Extract

25 mg

Horsetail Herb Extract

75 mg

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#### Juniper Fruit Extract

50 mg

#### Ginger Root Extract

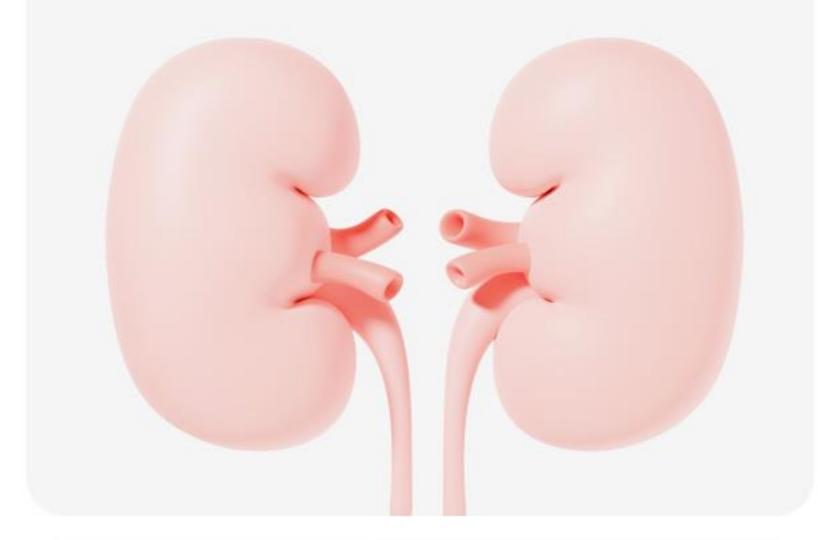
25 mg

Vitamin B6 (pyridoxine hydrochloride)

2 mg



Comprehensive Support for Kidney Health\*



Patented Ingredient Oximacro® with effectiveness supported by clinical studies.\*

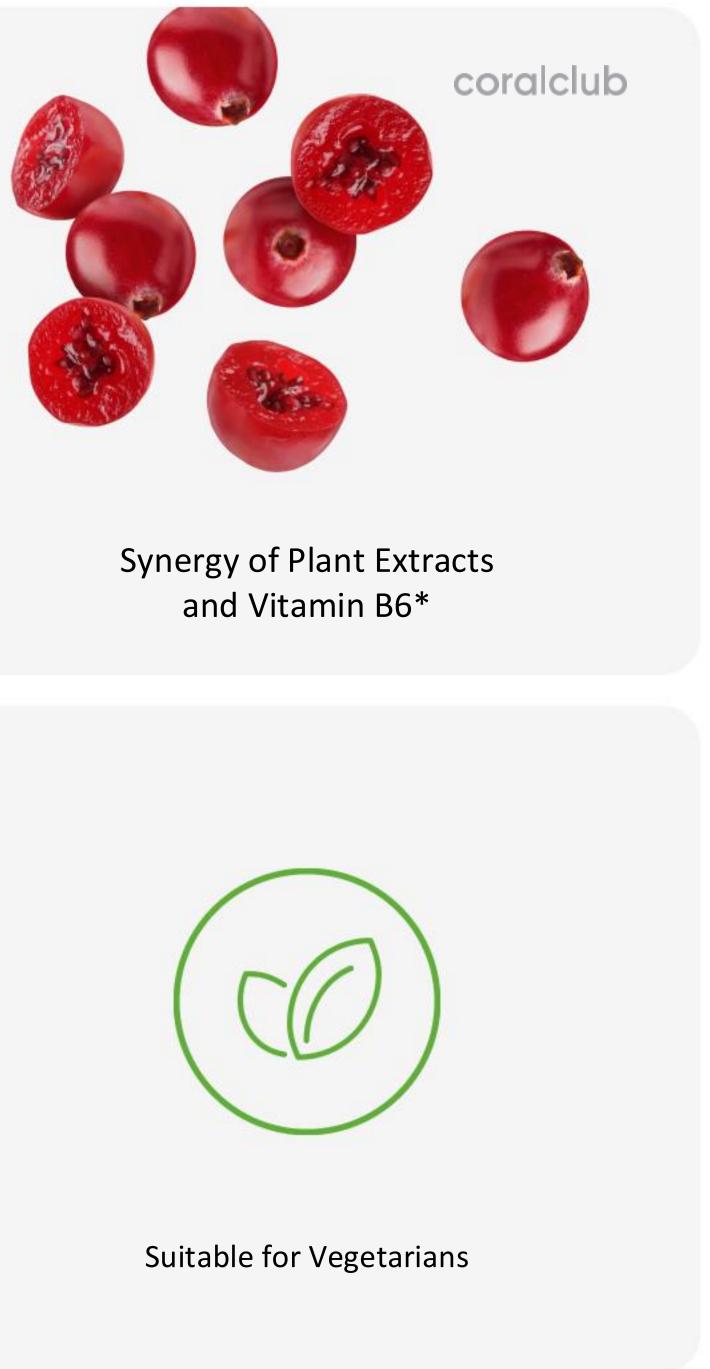


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