

# Immunity Pack

## Instruction for Use

### THE SET CONSISTS OF:

- Liposomal Vitamin C, 1 bottle (100 ml)
- D-Spray 2000, 1 bottle (10 ml)
- Pau D'Arco with Selenium, 1 bottle (90 vegetable capsules)
- Shark Liver Oil, 1 bottle (60 capsules)
- Coral-Mine, 3 packages (30 sachets)

### THE SET CONTRIBUTES TO:

- Boosting your immune system
- Helping support the healing process
- Promoting body resistance
- Supporting body balance control

**Liposomal Vitamin C** contains ascorbic acid in the most bioavailable liposomal form.

Vitamin C is involved in many vital processes in the body:

- Maintaining and providing strong immunity
- Synthesis of collagen - the main connective tissue protein
- Formation of red blood cells that transport oxygen to organs and tissues
- Binding of free radicals that cause oxidative stress and weaken the ability of the immune system to fight pathogens
- Tissue repair and healing
- Synthesis of hormones and neurotransmitters
- Strengthening of bone tissues, joints, blood vessels, and skin
- Binding and elimination of toxins

Vitamin C is an important factor in the body's immune response as it stimulates the synthesis of interferon, which increases the body's resistance to microorganism penetration, regardless of their type and nature.

**D-Spray 2000** contains natural vitamin D3 in spray form, which is highly bioavailable. Vitamin D3 (cholecalciferol) is responsible for the timely immune cell activation. It is scientifically proven that with vitamin D deficiency,

T-lymphocyte immune cells may remain dormant.



In addition, this "sunshine" vitamin increases the nervous system's resistance to various stress factors while helping maintain the body's defenses.

**Pau D'Arco with Selenium.** Pau D'Arco bark contains valuable substances called naphthoquinones (lapachol, beta-lapachol, and xylazine), which help activate various types of immune cells and interfere with pathogenic microorganism activity. The microelement selenium regulates the number of cells in the immune system, supporting both innate and acquired immunity. The synergistic complex of selenium with vitamin C helps strengthen the immune system, which supports the healing process of the body.

**Shark Liver Oil** is a source of squalene and alkyl glycerides. Squalene strengthens both specific and non-specific (innate) immunity. Squalene is an "oxygen vitamin" that improves oxygen supply to cells and promotes tissue healing and regeneration. Alkyl glycerides increase the body's resistance to various diseases, accelerating the production of immune cells responsible for destroying various pathogens.

**Coral-Mine** is a mineral composition of corals. It contains salts of useful macro- and microelements (calcium, magnesium, potassium, etc.). When interacting with water, the salt minerals pass into water, positively affecting both its quality and taste.




## HOW TO USE

 <p><b>IN THE MORNING WITH FOOD</b></p>	<p><b>Shark Liver Oil</b> – 1 capsule.  <b>Pau D’Arco with Selenium</b> – 1 capsule.  <b>Liposomal Vitamin C</b> – 2.5 ml.  <b>D-Spray 2000</b> – 1 press (0.06 ml/50 mcg).</p>
 <p><b>IN THE EVENING WITH FOOD</b></p>	<p><b>Shark Liver Oil</b> – 1 capsule.  <b>Pau D’Arco bark with Selenium</b> – 1 capsule.</p>

**Coral-Mine:** Open the Coral-Mine sachet and place it in lukewarm water (1.5 L). After 5 minutes, the water is ready to drink.

### Additional recommendations for use:

- After the initial 30-day course of Liposomal Vitamin C, take the remaining 25 ml over the next 10 days (2.5 ml each morning).
- After the initial 30-day course of Pau D’Arco with Selenium, take the remaining 30 capsules twice a day (once in the morning and once in the evening) for 15 days.
- After the initial 30-day course of D-Spray 2000, following a pause in dosage, take the remaining amount as per the dosage instructions.

HOW TO USE	DAYS 1-10	DAYS 11-30
 <p><b>IN THE MORNING WITH FOOD</b></p>	<p><b>Shark Liver Oil</b> – 1 capsule.  <b>Pau D’Arco with Selenium</b> – 1 capsule.  <b>Liposomal Vitamin C</b> – 2.5 ml.  <b>D-Spray 2000</b> – 1 press (0.06 ml/50 mcg).</p>	<p><b>Shark Liver Oil</b> – 1 capsule.  <b>Pau D’Arco with Selenium</b> – 1 capsule.  <b>Liposomal Vitamin C</b> – 2.5 ml.  <b>D-Spray 2000</b> – 1 press (0.06 ml/50 mcg).</p>
 <p><b>IN THE AFTERNOON WITH FOOD</b></p>	<p><b>Pau D’Arco with Selenium</b> – 1 capsule.  <b>Liposomal Vitamin C</b> – 2.5 ml.</p>	<p><b>Pau D’Arco with Selenium</b> – 1 capsule.</p>
 <p><b>IN THE EVENING WITH FOOD</b></p>	<p><b>Pau D’Arco with Selenium</b> – 1 capsule.  <b>Shark Liver Oil</b> – 1 capsule.</p>	<p><b>Pau D’Arco with Selenium</b> – 1 capsule.  <b>Shark Liver Oil</b> – 1 capsule.</p>

### Additional recommendations for use:

- After the initial 30-day course of D-Spray 2000, following a pause in dosage, take the remaining amount as per the dosage instructions.

## RESTRICTIONS

If pregnant or nursing, consult your healthcare practitioner before taking this product.

These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.

## RECOMMENDATIONS FOR ACTIVITY DURING THE PROGRAM

- Give preference to foods rich in vitamins, minerals, dietary fiber, and probiotics
- Eat more protein-rich foods - whey protein is especially useful (Daily Delicious Beauty Shake or fermented milk products)
- Include fresh vegetables and fruits in your daily diet
- Limit your intake of excessively salty and sweet foods
- Limit your intake of strong black tea, coffee, and alcohol
- Keep a regular sleep schedule
- Maintain a reasonable level of physical activity

## RECOMMENDATIONS FOR DRINKING WATER

- Adequate hydration is essential for proper metabolic process functions of the body, which determine immune system activity:
- During the course of the program, it is recommended to drink at least half a gallon of water (or 1.5 L) with Coral-Mine per day
  - Drink high-quality, purified water
  - The average daily intake of fluid for an adult is 30-40 ml per kg of body weight
  - It is better to drink in portions of 200-250 ml before meals and between meals, and avoid excessive hydration during meals